

# Connecticut Pyramid Model Partnership Newsletter



December 2024



## Wishing you all a very lovely holiday season!

We are writing with exciting information – we are relaunching the Pyramid Model Partnership Monthly Newsletter in January! We know that you all enjoyed this as a resource, and we are excited to again share ways to support the Social and Emotional needs and development of our youngest children, as well as opportunities to engage in Pyramid Model supports throughout the state.

We know that this busy, joy-filled time can be, on the one hand exciting and memory making – and on the other, at times stressful and overwhelming for our youngest children.

Acknowledging that, we wanted to share two resources ([on page 2!](#)) that we hope are helpful to those of you working directly with young children and their families to support with strategies during the holiday season.

You will notice some key themes of holding onto routines when you can, allowing children to have their own responses to new people and settings, and to practice self-care as the adults in both resources.

Enjoy this month's newsletter!

*The CTPM Partnership*

### In this newsletter you can expect:

Community Updates

Direct Supports for Families In Your Program

Stories of Impact

Information related to CT State ECE Networks

Ideas for embedding Pyramid within Your Curriculum

Announcements for Training Opportunities



## RESOURCES FOR FAMILIES

### Supporting Young Children During the Holidays

You will notice some key themes of holding onto routines when you can, allowing children to have their own responses to new people and settings, and to practice self-care as the adults in both resources.

The **Nebraska Association of Infant Mental Health** published this simple but helpful one-pager titled “Supporting Young Children During the Holidays” with tips that are useful for both child care providers and families & the **Children’s Health Fund** also published 10 Holiday Tips with key supports for families and children. *Click on the images below to access the documents.*



## MEET NEW TEAM MEMBERS

Additionally, we wanted to ensure that you had information about the PIEC Team at the University of Connecticut's School of Social Work's Innovations Institute. They are newly contracted to support the Pyramid Model throughout the state and come to us by way of Maryland where they have years of experience doing the same. [Read more here in this document that is available in both English and Spanish.](#)

Please keep your eye out for the first official newsletter to hit your inbox in January! Until then, we hope that you enjoy the holiday season, and we are looking forward to continued collaboration in 2025.

We are grateful and honored to call you all colleagues and partners and we hope you have a restful and rejuvenating Holiday break!

*Thank you for reading!*



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