

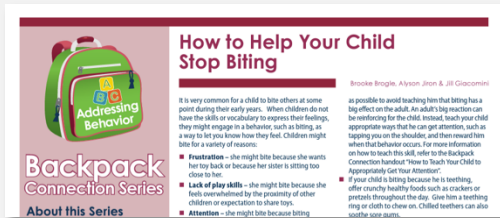


# Pyramid Pages

## News & Tools for Parents & Early Childhood Providers

Social-emotional learning and development is fundamental to children's success in school and beyond, and its importance is understood now more than ever. The Pyramid Model promotes young children's healthy social and emotional development; and provides tools, strategies, and resources for caregivers and families.

### November Topic: BITING



Click to Read:

[Addressing Behavior – How to Help Your Child Stop Biting](#)

### News

Biting is a common behavior for young children, but one that must be addressed immediately. When children lack the skills or words to express themselves, they might engage in a behavior, such as biting, for several reasons:

- Frustration
- Lack of play skills
- Wanting attention
- Teething
- Overwhelming emotions

### Tools

The important thing for you to remember when biting occurs is to stay calm with your actions and words, and first try to figure out the reason WHY the biting happened.

Then, you can teach children a new way to express their feelings or requests during situations when they are likely to bite. The good news is that there are many ways to reduce and to stop a child's biting.



Click to Read:

[Responding to Your Child's Bite](#)

### Resources

- ECCP Behavioral Guidance: [Behavioral Guidance Tip Cards](#)
- Read aloud video: [Teeth Are Not For Biting](#)
- Ideas for using children's books: [No Biting Book Supplement](#)
- For more information on the CT Pyramid Partnership, email us at [CTPyramid@gmail.com](mailto:CTPyramid@gmail.com).

