



## early child care providers can take small steps to make big differences in brain development

As a teacher, you can bring power to play, providing the environment, ideas, and guidance to help children learn.



When you guide play, you help shape children's brains, leading to positive impacts on executive functioning, social skills, and lifelong well-being.



## play is essential for all children

Play is how kids naturally learn. They use their whole bodies and play with friends in ways that matter to them. Kids learn through play because it's fun!







## you can power up play for kids

All children can learn through play. As an educator, you have the amazing ability to guide children's play experiences and boost their learning. By making fun spaces, giving some direction, and joining in, you can turn everyday play into powerful learning opportunities.











## let's play!

Explore these play ideas and examples to spark curiosity and joy in you and the children in your program. Let this inspire new ways to bring playful learning into the classroom.





