

## **CPR AND LIFEGUARD REQUIREMENTS DURING SWIMMING OR WADING ACTIVITIES**

Section 19a-79-4a(d)(6) of the Regulations of Connecticut State Agencies requires that when children are participating in swimming or wading as part of the program, whether at the facility or on a field trip, there shall be a qualified program staff member present and directly supervising the children who shall be at least twenty years of age and who is certified in cardiopulmonary resuscitation (CPR) in accordance with section 19a-79 of the Connecticut General Statutes.

In order to satisfy this requirement, programs shall have a staff member who is directly supervising the children who is certified in CPR by the American Red Cross, the American Heart Association, the National Safety Council, American Safety and Health Institute, Medic First Aid International, Inc. or an organization using guidelines for CPR and emergency cardiovascular care published by the American Heart Association and International Liaison Committee on Resuscitation.

In addition, the regulations require that the operator shall verify that there is a person (does not need to be program staff) directly supervising the children who holds one of the following lifeguard certifications:

- Certified in American Red Cross Lifeguard Training with First Aid. ARC trained lifeguard must also have ARC “Waterfront Lifeguard Module” for oversight of ponds, lakes, streams, rivers and ocean.
- Certified in YMCA Lifeguard
- Certified Boy Scouts of America Lifeguard
- National Pool Lifeguarding Qualification (NPLQ) Royal Life Saving Society (UK)
- Certified in NLS Pool Lifeguard or NLS Waterfront Lifeguard (Canada)
- Ellis & Associates course completion or license for ILTP (for special facilities)
- Certified in Lifeguard Pro-Waterfront, Youth Camp, Swimming Pool or Deep Pool

The person fulfilling this lifeguard requirement must also hold acceptable CPR certification as outlined above.