# HELP KEEP US ALL HEALTHY

We are taking every precaution to keep your children safe while they are in our care. But, we need your help! By practicing the following at home, you can do your part to keep us all safe and healthy:

Keep kids showing signs of sickness home.
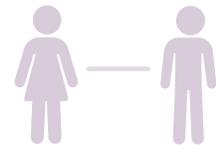
Frequently clean and disinfect high-touch areas.

Cough or sneeze into the crook of your arm.

If your child needs medicine to feel better, please keep them home.

Wear facemasks in public (if over 2 years old).

Practice social distancing.

Practice and teach good hygiene and frequent handwashing.

Avoid touching your mouth, nose, and eyes.