



Social and
Emotional
Development

DOES YOUR CHILD:

Child's Name _____

Seem to relax after you feed, hold, or change him/her?

☐

Often

☐

Sometimes

☐

Not Yet

Respond when they see you or hear your voice?

☐

Often

☐

Sometimes

☐

Not Yet

Notice other children?

☐

Often

☐

Sometimes

☐

Not Yet



Clip and return to school.

Clip and Save.

Respond to baby's cues

When your baby is hungry, wet, tired, or just fussy, respond to their needs. Hold or rock your baby gently. Change or feed them. This will build your relationship with your child and let them know you are there to keep them safe and secure. If your baby is fussy and you need a break, reach out for help. A new baby can be exhausting and it's hard to take care of a baby if you aren't rested and well yourself.

Look and talk to your baby

Smile, coo, and talk to your baby about anything and everything. Your baby won't understand your words yet, but they will likely respond to your tone and facial expressions. Your calming presence will support your child to become calm and feel secure, even if this is a fussy period for your child.

Show interest in all the little things your child is doing

It may not seem like your child is doing a lot in these early months, but they are changing and growing rapidly. When you show delight in your child's actions, care for them, and talk to them, you are supporting a strong relationship. This relationship will build your child's skills and confidence to explore and learn over time.



Connecticut Office
of Early Childhood