

DOES YOUR CHILD:

Child's Name _____

Begin to control their body by reaching for toys, kicking their feet, or holding their head steady while seated?

☐ Often ☐ Sometimes ☐ Not Yet

Reach for objects or bring their hands together?

☐ Often ☐ Sometimes ☐ Not Yet

Reach toward food/bottle/breast?

☐ Often ☐ Sometimes ☐ Not Yet



Clip and return to school.

Clip and Save.

Provide your child with time to move about

Place a blanket on the floor and lie down next to your baby with a few interesting items. Allow them to reach, stretch, and/or roll. Encourage them to reach for items that are close but just out of reach. Place your child on their stomach sometimes and on their back at other times.

Support your child in a sitting position

Place your child in a seated position on a firm surface. Provide enough support for them to sit steadily and feel secure. As your child builds their muscles, less support will be needed. Provide your child with attention and something to hold to keep them interested so they will stay in this position briefly.

Give your child objects he/she can hold

Your child will begin to build muscles in their hands and to coordinate their eyes and hands when they are handling objects. Cups, bowls, stacking rings, and blocks can be fun for your child to explore with their hands and mouth. Show your child how to bang two toys together to make a sound. Allow your child to bring these toys to their mouth to explore.

