

DOES YOUR CHILD:

Child's Name _____

Seem mostly calm or relaxed when their needs are met (e.g. they aren't hungry, wet, or tired)?

☐ Often

☐ Sometimes

☐ Not Yet

Have different facial expressions?

☐ Often

☐ Sometimes

☐ Not Yet

Look at your face and respond to your facial expressions?

☐ Often

☐ Sometimes

☐ Not Yet

Seem to notice their hands and feet?

☐ Often

☐ Sometimes

☐ Not Yet

Notice other children?

☐ Often

☐ Sometimes

☐ Not Yet



Clip and return to school.

Clip and Save.

Talk to your baby

Copy the sounds your baby makes and wait for them to respond. Try a new sound and watch for their response. Try to get a back-and-forth exchange going. Talk with your child about what you are doing as you care for them. Talk about what you see and hear around you at home and the other places you go.

Sing and dance with your baby

Singing can catch your baby's attention and provide them with another reason to focus on your voice and face. Move together in time to your singing or to other music (e.g. sway, bounce gently). Share a song that is important to you or has been passed down in your family. Make up new silly words and songs. Match the style of music to your baby's mood (upbeat for when your child is active and alert, slow and quiet when your child is tired).

Silly face play

Change your facial expression and watch to see if your baby imitates you. Make a surprised face, pucker your lips, or shake your head. If your child makes a silly face, imitate their expression.

