

Cognition	

## **DOES YOUR CHILD:**

Try something different v	when his/her first try doesn't	work?	ame		
Often	Sometimes	Not Yet			
Try different actions to se	ee what might happen?				
Often	Sometimes	Not Yet			
Ever make plans for what	t <mark>he/sh</mark> e is going to do?				
Often	Sometimes	Not Yet			
Make plans for what they are going to do? (e.g. "I'm going to build/draw")					
Often	Sometimes	Not Yet			
Sort items into groups or match items that are the same in some way?					
Often	Sometimes	Not Yet			
Draw pictures or "write" t	o represent an object or idea	?			
Often	Sometimes	Not Yet			
Q			Clip and return to school.		
<b>~</b>			Clip and Save.		

## Solve problems

When you face a simple problem, ask questions such as, "What can we do to fix this?" or "How can we solve this problem?" For example, when food or a drink spills or a toy rolls under the couch, think of ways to solve the problem together and find tools that you can use to help. These questions can help your child develop important problem-solving skills.

## **Explore cause and effect**

Daily routines can be a chance to explore how actions make something happen. At bath time, talk about what happens when they pour water on a dry washcloth or sponge. Make statements such as, "When you stand in the sun, you get hot" and "You were running a lot and now you are breathing very fast" that tell your child how an action causes an effect.

## **Plan an activity**

Do an activity with your child that requires more than one step, such as cutting and gluing or mixing then pouring. Before you begin, ask your child what they should do first, second, etc. When you talk with your child about the steps in an activity or routine, it helps develop planning skills.





Connecticut Office of Early Childhood