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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Cognition** | **Social and Emotional**  **Development** | **Physical Health and**  **Development** | **Language and Literacy** | **Creative Arts** | **Mathematics** | **Science** | **Social Studies** |
|  | \*Exploring  \*Asking questions  \*Making choices  \*Pretending \*Remembering  \*Trying new and difficult things | \*Caring  \*Affection  \*Relationships  \*Safety and security | \*Healthy Eating  \*Physical  activity  \*Helping with  self-care | \*Interacting with  people  \*Talking  \*Enjoying books,  songs and writing  \*Expressing ideas,  needs and  feelings | \*Enjoying music \*Dancing  \*Describing or  making art  and music  \*Looking at  pictures  \*Being creative | \*Counting  \*Measuring  \*Comparing | \*Exploring  \*Experimenting  \*Investigating  \*Learning about  living things | \*Understanding  Family  \*Hearing stories  about the past  \*Recognizing  how people  are the same  and different |
| **Morning Routine** |  |  |  |  |  |  |  |  |
| **Breakfast** |  |  |  |  |  |  |  |  |
| **Playtime** |  |  |  |  |  |  |  |  |
| **Outside** |  |  |  |  |  |  |  |  |
| **Lunch** |  |  |  |  |  |  |  |  |
| **Jobs** |  |  |  |  |  |  |  |  |
| **Music or Storytime** |  |  |  |  |  |  |  |  |
| **Naptime** |  |  |  |  |  |  |  |  |
| **Playtime** |  |  |  |  |  |  |  |  |
| **Dinner** |  |  |  |  |  |  |  |  |
| **Bedtime Routines** |  |  |  |  |  |  |  |  |

**Learning Activities at Home**