

**Playful Learning Checklist**

*Children learn best through play. Use this checklist to think about how children learn through play in your program. For each item, place a check in the column that applies. Use “We’ve got this!” for items that are working well. Use “This is a work in progress” for your growth areas. After you complete the checklist, think about how your responses might point you to a place to start your quality improvement work.*

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|  | **We’ve got this!** | **This is a work in progress** |
| **Types of Play**  |
| **Children have opportunities for free play.***In free play, adults only offer support if needed. Free play can be with materials or ideas, alone or with others.*  |  |  |
| **Children have opportunities for sensorimotor play.***Sensorimotor play is any physical activity that engages multiple senses.*  |  |  |
| **Children have opportunities for constructive play.***Children can make creations from objects and materials like blocks.*  |  |  |
| **Children have opportunities for dramatic play.***In dramatic play, children take on pretend roles.*  |  |  |
| **Children have opportunities for symbolic play.***In symbolic play, children use objects such as blocks or cardboard boxes to substitute for real objects. Symbolic play combines constructive and dramatic play.*  |  |  |
| **Children have opportunities for gross-motor play.***Gross-motor play requires children to use their large muscles.*  |  |  |